What makes prayer special?

In this task you will be able to:

- Think and discuss why people pray
 - Create your own prayer

Why do people pray?

- Think about someone that you might talk to or turn to when things might go wrong or badly for you. It could be your parent, grandparent, brother or sister. Even your friend, pet or neighbour!
- Why do you talk to this person? How do you feel after you have spoken to them about your problems?

'This person really cares about me'

'This person magically solves all my problems'

Talking to someone helps because...

'This person makes sure nothing bad ever happens'

'This person gives me a hug and helps me to feel better'

Why do people pray to god?

- People that believe in God talk to God for the same reasons. This is called praying.
- While it might be tempting to think that God grants magic wishes, for religious people prayer is really about friendship, love and support.
- For many religious believers, God is like their mum, best friend and big brother all rolled into one.

Task: To write your own prayer

- Can you think of a prayer or speech that you would write?
- It doesn't have to be to God but it could be to that person who you share your problems with...
- Think about how you would like to thank them for being there and how much they mean to you...
- Think about why this prayer is special to you.

